

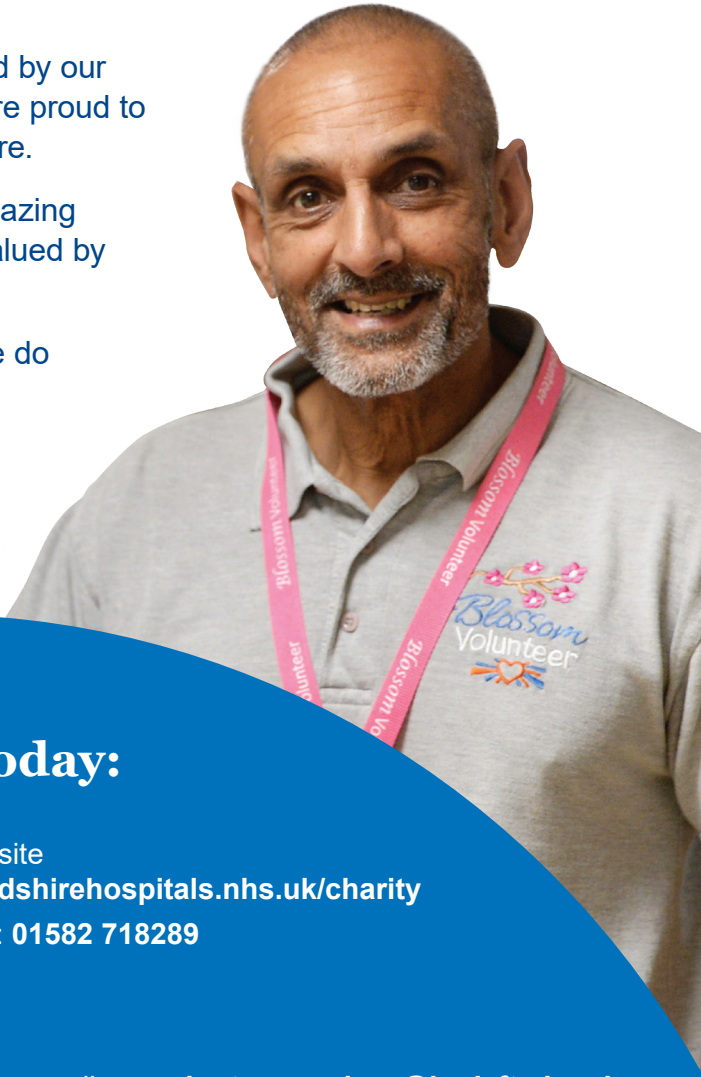
Proud to support our patients and staff by helping our hospitals do more.

Volunteering is supported by our dedicated Charity who are proud to help our hospitals do more.

Your gift of time is an amazing support and incredibly valued by the Trust.

We could not do what we do without you.

Thank you.



Get involved today:



Visit our website
www.bedfordshirehospitals.nhs.uk/charity
Or call us on: **01582 718289**



To volunteer, please email us: voluntaryservices@bedsft.nhs.uk



Bedfordshire
Hospitals NHS
Charity



@bhn_charity



@BHN_charity



Your Hospital Charity
Supporting Bedfordshire Hospitals



Bedfordshire Hospitals
NHS Foundation Trust

Volunteer for us today!

Because people
matter most



Bedfordshire Hospitals NHS Charity,
registered charity no: 1058704

Because people matter most...

If you have a few hours to give, we would love your support. We have many different ways and areas you can get involved and volunteer for our hospitals. If you'd like to give something back to your local hospital, the best gift you can give is your time.

There are many different volunteer roles available at both the L&D and Bedford Hospitals and we regularly develop new roles depending on the needs of our patients, their loved ones and the teams that support them.

What skills or experience do you need?

- A warm, welcoming manner
- Good communication skills
- An enthusiastic attitude

What support will you receive?

You will receive training, a full induction, and have the complete support of our Voluntary Services team.

When on placement, you will be assigned a dedicated member of staff as a direct contact for any questions or queries you may have.

All the tools and resources you need to carry out this role will be provided. Examples of volunteer roles: Helping patients at mealtimes, End of Life support, ward visiting – chatting to patients and brightening their day, assisting with activities for patients to relieve boredom and much more.



What could your new role be?

We have many different volunteer roles, so whether or not you want to directly support patients or staff, we will be able to find you a role you enjoy. All the tools and resources you need to carry out your role will be provided.

Just a few examples of the roles we have:

- 1 'Forget-Me-Not' dementia support volunteer
- 2 Mealtime assistant volunteers
- 3 Clinic and Pharmacy support volunteers
- 4 Meet and greet volunteers and Bleep Buddies
- 5 Reception volunteers
- 6 Primrose / Cancer Unit helpers
- 7 Chaplaincy volunteers - ward visitors
- 8 Ward helpers
- 9 Retail support in the charity hub

